



January 2016

Newsletter No. 94

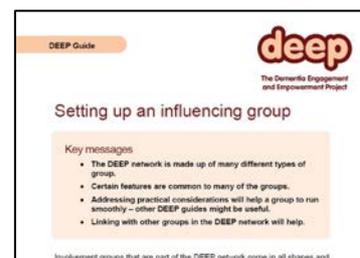
Brain Waves

A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

Setting up a new influencing group

We are often asked what people need to do to set up or support an involvement group. DEEP has just published a new guide to help. Read more on page 3.



In this newsletter:

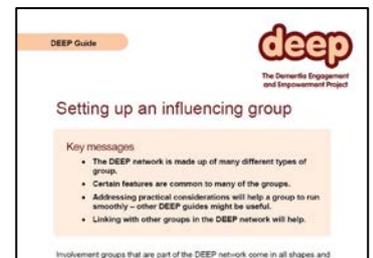
Getting Along© - An introduction to relationship-centred care p2

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Getting Along© - An introduction to relationship-centred care

In May 2015, we told you about a project called Getting Along© that supports couples to address changes in their relationship that might be brought about by a dementia.

Damian Murphy who conducted that project has now put together a one-day course that will be of special interest to anybody from any sector working with people with dementia and their carers in a community setting.



The course aims to help learners to:

- Understand the broad impact of the presence of a dementia within a relationship.
- Gain confidence to respond to antagonisms within relationships.
- Address both sides of the care-giving relationship.
- Adopt strategies to equip people with dementia and their families to live well and better with dementia.

The first course will take place in York on 7 April 2016. The course costs £80 per person including handouts, lunch and refreshments.

For more information

Contact Damian Murphy

Email: dementiafriendly@outlook.com or
telephone: 07927 405 854.

Watch the 'Getting Along'© film at:

<http://www.innovationsindementia.org.uk/videos/gettingalong.htm>



Setting up an influencing group

At Innovations in Dementia we try to ensure that everything that we do involves and engages people with dementia.

But we also recognise that people with dementia need support to do this. This support might be emotional or practical – and is often best provided by other people with dementia.

That is why the Dementia Engagement and Empowerment Project (DEEP) works mostly with groups of people with dementia.

Involvement groups that are part of the DEEP network come in all shapes and sizes. They are set up for different reasons and are shaped by group members and local issues and variances.

It is not possible (or even desirable) to define what a group that is part of the DEEP network should look like or how it should operate.

However, we are often asked what people need to do to set up or support an involvement group. DEEP has just published a new guide on ‘Setting up an influencing group’.

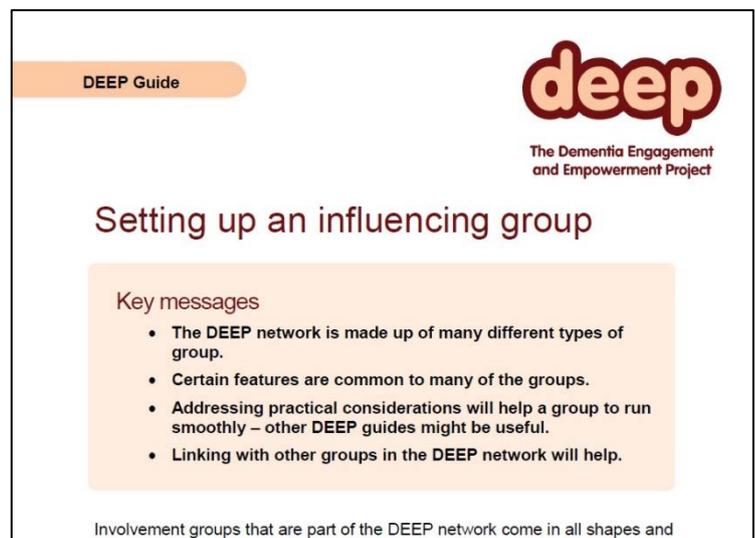
The guide outlines:

- Some of the common features of successful involvement groups. Such as ensuring that every member can contribute, having interesting things to work on, and building local relationships with other organisations.
- Some practical considerations. Such as using accessible materials, sorting out transport and importantly having fun!

For more information

You can download the PDF of the guide from the DEEP website:

www.dementiavoices.org.uk





Innovations in Dementia

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia.

Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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