



July 2014

Newsletter No. 76

# Brain Waves



A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

More involvement groups of people with dementia join the DEEP network

The national DEEP network is growing from strength to strength.

Read more on page 2



In this newsletter:

- |   |    |
|---|----|
| More involvement groups of people with dementia join the DEEP network | p2 |
| Dementia Action Alliance online survey                                | p3 |
| Tell YoungDementia UK what you think about online support             | p3 |

## More involvement groups of people with dementia join the DEEP network

The national DEEP network is growing from strength to strength. There are now 41 groups that are part of the network - from Scotland to Cornwall and many places in between.

Groups work usually on local issues, but are beginning to work together to influence change on a national level - in the last few months groups have been influencing, amongst others, the House of Lords, the British Psychological Society, national dementia conferences and the Dementia Action Alliance.

### A DEEP group in the Highlands of Scotland:

This group is part of the national Scottish Dementia Working Group. Members of the group attended a national Working Group meeting for the first time.

Highland members told the rest of the group about the work they are doing.

This was the first time that two of the members had spoken out in public at such a meeting.



They said:

- “We will be going on hospital inspections in June, July and August this year.”
- “I like being a member because I am treated like I am normal - which I am!”
- “Ray is a great chair and we know he enjoys it as he comes in early and helps set up!”
- “We are feeling excited about it and pleased to be asked our opinions.”

Involvement groups are all shapes and sizes. We are keen to support groups to develop in settings where people with dementia are seldom heard - for example hospitals and care homes.

If you are interested in knowing more about DEEP please contact Rachael  
Email: [rachael@myid.org.uk](mailto:rachael@myid.org.uk)

## Support people with dementia to complete an important national survey



The national Dementia Action Alliance (in England) would like people with dementia to complete a survey.

The survey aims to:

- assess the progress made because of the National Dementia Strategy
- assess whether people want a new National Dementia Strategy
- find out what peoples experiences have been over the past few years

More information about the survey for people with dementia is available on the DAA website

Go to: <http://www.dementiaaction.org.uk/impactsurvey>

You can also follow this link to fill the survey in as a dementia professional, or to download a copy of the survey to print out

[http://www.dementiaaction.org.uk/assets/0001/0975/Survey\\_for\\_people\\_affected\\_by\\_dementia.pdf](http://www.dementiaaction.org.uk/assets/0001/0975/Survey_for_people_affected_by_dementia.pdf)

## Tell YoungDementia UK what you think about online support

YoungDementia UK supports younger people with dementia and their families and friends. Currently their events and face to face support is only available to people in



Oxfordshire. They plan to use their knowledge and experience of young onset dementia to help others in the UK as there are many people with limited or no access to young onset dementia specific support.

The YoungDementia UK website, Facebook and Twitter links offer virtual support for information and some opportunity for people to connect with others. To develop this virtual support further, YDUK would like to know what else you think would be useful.

Their survey should not take more than 5-10 minutes of your time.

Go to: <http://www.youngdementiauk.org/news/take-part-our-survey>



## Innovations in Dementia

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

### **Contact us**

Email: [ideas@innovationsindementia.org.uk](mailto:ideas@innovationsindementia.org.uk). Telephone: 01392 420076

Innovations in Dementia CIC, PO Box 616, Exeter, EX1 9JB

Website: [www.myid.org.uk](http://www.myid.org.uk)

If you wish to receive (or stop receiving) copies of this newsletter email

[newsletter@innovationsindementia.org.uk](mailto:newsletter@innovationsindementia.org.uk)

Registered as a community interest company No. 06046815