



October 2011

Newsletter No. 43

Brain Waves



A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

Telling our stories

This month we ran an exciting filmmaking workshop with a group of people with dementia in Woodley in Berkshire.

Find out more on page 2



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Telling our stories through film

This month we ran a two-day filmmaking workshop for a group of people with dementia.

Members of the group took part in the film and had fun using the cameras and helping with the editing.

The Good Life Club at Woodley Age Concern hosted the workshop, which was run by Be Inspired Films and funded by the Big Lottery Fund.

Members of the Club wanted to make a film to:

- Promote the Club and what they do there,
- Increase understanding of how people with dementia can have a good life, and
- Encourage other people with dementia to 'give it a go!' and try out their local group.

You can do it too!

We are in the process of writing a guide for other groups who might like to use film to tell their story.

We will be distributing the guide and the Club's film in December – so watch this space!

AGE
Concern
WOODLEY



You can find out more about
Be Inspired Films from their website
www.beinspiredfilms.co.uk

A big thank you to the Big Lottery Awards for All Fund



Training about dementia

In previous issues of this Brain Waves newsletter we have described a three-year project looking at Shared Lives as an option for people with dementia.

Over the last year we have been developing a training pack to help Shared Lives schemes that want to support people with dementia.

We have almost completed the testing phase, and a full training and guidance pack will be launched in January.

The training is built around the "Open Dementia" e-learning course.

"Open Dementia" has been developed by the Social Care Institute for Excellence together with the Alzheimer's Society.

Those of you who have not seen "Open Dementia" might find it interesting and useful.

You can view at the SCIE website:

<http://www.scie.org.uk/publications/elearning/dementia/index.asp>

The Open Dementia Programme
Module 1: What dementia is and what it isn't

Estimated time required: 20 minutes

Section Four: Symptoms of dementia

Click on the Polaroids on the right to listen and read about some problems commonly voiced by carers of people with dementia.

Click on the corner of the post-it note to learn more about it, including finding out how likely it is to occur, and what the causes might be. We have also included the clinical term for the problem, where there is one.

Vivian, Derek, Margaret, Malcom, June, Helen, Clive, Donald, Nischal, Cathy, Jack, Betty, Stanley, Keith

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EVA (Elder Voices in the Arts) is an arts project inviting older people and those with dementia to take part in creative arts practices. It aims to support and develop new creative voices.

Life Story Boxes

An artist will be running Life Story Box workshops in three memory cafes in South Devon. At the workshops, participants will be supported to tell stories from their lives and translate those into Life Story Boxes.

The boxes will have both a physical and digital element: a wooden memory box may contain an object that has triggered a story, which can then be heard at the touch of a button or lift of a flap within the box. The boxes might include photographs, layered images on acetate, objects with meaning to participants, film clips, or audio.

To find out more go to the Aune Head Arts website
www.auneheadarts.org.uk/site/projects/eva/index.html



**Innovations
in Dementia**

Innovations in Dementia is run by three directors - Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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