



## Getting Along - Referral process

We have made the referral process as simple as possible.

## If you are a professional or a support worker:

Please contact Damian, the project lead, using the details at the bottom of this page. If you know of couples who are interested and give consent for us to make contact direct, please forward their contact details to Damian.

**If you are a couple** Please contact Damian, the project lead, using the details at the bottom of this page.

We will then arrange mutually convenient dates for the programme direct with the couples.

We will be running 5 small cohorts of the programme from August 2020

**Criteria for Referral:** We are seeking any couples (married, same sex, sibling, parent/child)

- living anywhere within the UK
- where one partner has been (or is about to be) diagnosed with a dementia
  as recently as possible would be better.
- who might benefit from talking about the change in the dynamic of their relationship since the onset of dementia-related difficulties (this could be arguments, lack of understanding of the symptoms, intolerance of each other or a keen interest in making it work even better).
- who have been shown the 'Getting Along Information for Participants' document and are happy to be contacted.

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