



Getting Along Facilitators' Training

Thanks to an award from The National Lottery Community Fund, we are able to offer a series of webinars for participants to become facilitators of the Getting Along programme.

This fully funded training offers you the chance to:

- Understand the rationale for a relationship-centred approach to dementia care.
- Understand the broad impact of the presence of a dementia within a family and the network of relationships around it.
- Be able to reflect upon the content and impact of their own contact with families living with the presence of a dementia
- Be able to use simple methods to observe, capture and respond to interactions within the informal care-giving setting
- Be able to address and have a clearer understanding of both sides of the care-giving relationship.
- Be familiar with the practicalities of delivering formal Getting Along sessions from introduction to final visit.
- Examine potential challenges and pitfalls throughout the process and how to respond to these
- Begin to adopt strategies and implement plans to equip people with dementia and their families live well and better with dementia within the context of your own organisation/area of work.



This relationship-centred intervention seeks to respond to the change in dynamic within relationships brought on by the presence of a dementia.

People have not stopped getting dementia during the pandemic. The Getting Along facilitator programme can enable you to respond to what will be a growing back log of people needing support in your area, by equipping families to adopt some proactive strategies to avoid many of the pitfalls and antagonisms that dementia presents within a relationship.

The facilitator programme offers:

- 5 x 90-minute webinars
- Pre-course reading
- Small reflective tasks and reading between sessions
- A Facilitators resources pack
- A chance to create plans alongside peers to implement learning

- We are running 4 cohorts for up to 8 participants in each group.

Cohort 1	Cohort 2	Cohort 3	Cohort 4
Thursdays 3pm	Tuesdays 10 am	Wednesdays 10am	Tuesdays 3pm
Sep 10 th	Sep 15 th	Oct 7 th	Oct 20 th
Sep 17 th	Sep 22 nd	Oct 14 th	Oct 27 th
Sep 24 th	Sep 29 th	Oct 21 st	Nov 3 rd
Oct 1 st	Oct 6 th	Oct 28 th	Nov 10 th
Oct 8 th	Oct 13 th	Nov 4 th	Nov 17 th
This course is now full			



- The webinars will be delivered over the zoom platform.
- Places on the facilitators' programme will be allocated on a first come first served basis.
- You need to be available for each date in your cohort as you will not be able to jump between groups.

For more information and to book your places please contact Damian using the contact details below.

Damian Murphy at Innovations in Dementia CIC

M: 07927 405 854

E-mail Damian@myid.org.uk

Website: www.innovationsindementia.org.uk

